

Astrology Activity

Directions: Descriptions of characteristics of people with the various astrological signs appear below. Your task here is to read each horoscope and rate each one regarding how closely it describes you. If astrology provides any information about understanding behavior, you should be able to relate yourself to the description. So for each description, rate it on a scale of:

1 (Not at all like me) to 7 (Exactly like me).

Enter your rating on the data sheet. When you finish, you will have a total of 12 ratings on your data sheet plus responses to some final questions.

1. This sign has astonishing intellectual and communication skill. This sign may be the sign of the rugged individualist, the mad scientist and the lone eccentric, but this visionary also represents social interaction and higher consciousness. For a fixed sign, this has a lot of adaptability. Attribute this to the need to accommodate others. A passion for life, new things, and novel situations sends this sign in all directions! Without stability and a willingness to listen, however, this sign can become erratic. This sign can try many new things but end up mastering none. That can stifle the great success potential here. Slowing down long enough to establish a solid foundation gives this sign the ability to ground his or her electrical energy. Receptivity can calm rebellious tendencies, especially those that put a member of this sign at cross-purposes with his or her boss! This sign's future-oriented energies give all members of this sign the advantage of living as if they are well into the 25th Century!

2. This sign brings assertive "I" energy. This is a flaming drive and the desire to do something! This sign will be full of tension and passion; the "I" brings a need for independence. This sign involves an outpouring of energy and growth. This sign has an instinctive identity, early extroversion, spontaneity, and a very direct approach. "Fire" can rage out of control. This sign's cardinal-sign, assertiveness, can become too willful. Then we have wildness-- a storming nature and a passion for power. Spontaneity can become impulsive -- as only a sign ruled by energizing Mars can be! Balance comes by adding gentleness to independence and by tempering the Self with self-awareness.

3. This sign is symbolic of the emotions, of the need to give and receive. They thrive on the exchange of feelings. They need security and love to be wrapped in an environment of love and comfort. Truly a wonderful example of Yin receptivity, this sign seems to absorb memories, feelings and psychic messages. Of course, they send back their own good vibes in the process. The cardinal motivation energizes their strong ability to provide for others. Few work as hard and as tenaciously as this sign. Without the balance of Yang assertiveness, however, this sign's confidence can be a bit wobbly. After all, it is so very sensitive to everything. Just as the sign's ruler, the Moon, goes through phases, this sign often experiences mood-swings. Sometimes the desire to love results in giving

too much. In such cases, the this sign can become over-protective or dependent. Balanced, this sign adds personal independence to his or her priorities.

4. This sign is a stabilizing force, one of the hardest-working signs of the Zodiac. This sign has intense powers of self-concentration, but not in an egotistical sense. Members of this sign find a great deal more confidence what they do than in who they are. They hang tough when it comes to stabilization, so achievement provides that stability and structure. This sign is one very high-achiever! Without balance, however, this sign can become too rigid -- as in the tall palm tree, falling to the ground, under heavy wind-gusts. To be able to move with the winds of change, this sign must bend and flex a little bit! That makes life much easier. This sign can also focus too much on achievement. Then they forget the little joys in life. When this sign finally relaxes and enjoys life, his or her most delightful secrets emerge. No one has a better sense of humor than this sign.

5. The element of this sign brings communication, intellect and speed! This is one of the joy- of-life signs, one that reaches out, expands and expresses. This sign is an inquisitive student with a quick grasp of subjects. Mutable motivation brings adaptability. This is wonderful because variety-loving this sign needs change. A flexible personality ensures that this sign can connect with others. This sign's active energy can go too far, and then this sign has a hard time finding the right direction. Members of this sign need a countervailing force of stability. The desire to communicate quickly and rapidly benefits when tempered by receptivity. Then not only can the this sign speak, they can listen in return -- and complete the circuit! Balance comes from slowing down, listening, and learning the fine art of follow-through!

6. This sign brings a desire to create, innovate, and lead. The sign radiates mega-confidence. Of course, this sign must have an audience. Without applause, what else is there? The fixed motivation adds self-reliance, a characteristic that works well in leadership positions. This sign is a formative energy, with the ability to consolidate and stabilize. It can rage out of control, so it helps to balance self-confidence with humility! This sign needs to become not only humble but also lovable. The playfulness associated with this sign can regress to childish demands for attention, as opposed to healthy recognition and encouragement. This sign benefits by allowing peaceful receptivity to surface. The mature person of this sign exudes big, beautiful heart and sheds sunshine on all who care to enjoy this bold spirit.

7. This sign is more extroverted and active. For this sign, beauty, balance and harmony are important. There is a great need to share, to be fair and impartial. Even with this need for calm, this sign remains a very active, outwardly radiating personality. This sign is the cheerleader we all need to work together and build a team! With all of these positives here, how can this sign be unbalanced? Sometimes this sign can need others too much and fall into the trap of dependency. The need for partnership leads this sign to falsely believe that there is no personhood with a partner. The temptation is to give away too much to others and reserve too little for oneself. Then life reels out of control. Trying to be too fair undermines decision-making abilities. This sign may fear making the wrong

choice or upsetting others. Inward-focused energy restores balance. This sign thrives when they give themselves permission to take care of themselves.

8. This sign is extremely receptive, nurturing, compassionate, and other-directed. As with another sign, we have to explore and probe to find out the depths of this water. This sign's feelings run very, very deep. A mutable nature endows this sign with adaptable and unifying energy. These sensitive people are like the water that flows gently downstream, around the rocks and obstacles in its path. This sign receptivity can translate into psychic energy. This sign knows all and sees all but probably won't tell all. This sign keeps the secrets of the universe within and to them. Without balance, this sign can sink into the whirlpool of emotion. This can bring out hidden fears and insecurities. Lack of ego-strength can make this sign feel dependent and helpless. Then they can fall into the martyr trap. This sign benefits by truthfully sharing their own difficulties, feelings, and need. They need to remember that they too have the right to receive all the help and support they are so used to giving! A happy, confident person of this sign brightens the world and all our lives.

9. This is a very active, extroverted, mobile, expansive sign. This sign is always ready for action, bursting with goals and idealism. This sign is the very personification of jovial, outward-bound, enthusiasm -- the ultimate cosmic host or hostess with the "mostess." They can be spellbinding in their philosophies! Mutable motivation brings compelling powers of attraction. Change and variety are important. This sign won't hesitate to initiate either. Without balance energy, this sign can become too changeable; he or she may bend to every force or influence. Restlessness can diffuse energy, and finding a secure position in life isn't as easy as we would think. Quiet contemplation can temper the fire and heighten the intuition. Receptivity can slow the impatient desire to move way too fast at times. What a wonderful balanced energy this is!

10. This is a somewhat enigmatic sign. It is more receptive and introverted, but this sign is a power force. Perhaps that is why this sign is the sign capable of the greatest metamorphosis and renewal. If we think about it, we may look at a lake and see the interplay of light and shadows. Unless we explore further, we cannot tell just how deep it is -- or what is going on within. You'll find great love, feeling, desire and sensitivity when we probe the depths of this mysterious sign. A fixed nature makes this sign favor stability. Without some positive energy, this sign can go to extremes. This sign may use his or her the strength to exert power over others. Love can become a stronger passion than even this sign can handle, and possessiveness or jealousy can surface. Independence brings balance. This sign with inner security can let partners explore and remain receptive to their needs

11. This sign brings strength and the desire for solid ground, form and structure. Preservation is important. This sign's fixed motivation seeks first to stabilize, and then produce. This sign has great emotional depth. Friends and lovers rely on the warmth and emotional accessibility of this sign. This sign represents consistency, loyalty, and patience. It can be very rigid, too cautious to take some of the risks necessary in life. Sometimes this sign ends up temporarily stuck in the mud. He or she may not want to rise

to every challenge or potential. And stubborn? Ah yes! This sign may always surface. This sign's Yin energy can go too far; this sign becomes very, very passive -- even lazy. Balance comes with a reliable plan, one that satisfies this sign's need for stability while allowing for action and accomplishments.

12. This sign works hard for stability. This sign analyzes and organizes life; the goal is to build a firm foundation. A good educational background is important to this sign. Mutable' motivation surfaces in the form of helping, teamwork and cooperation. Humbleness and the ability to work behind the scenes, without complaining, often cause this sign to miss more opportunities than they should. A dose of self-confidence helps this sign promote what he or she has to offer. This sign gets stuck if he or she expresses too much earthy energy. He or she may try too hard. When frustrated, this sign can get trapped in that notorious perfectionism. Because of the desire for security, this sign may worry constantly about work: "What if they don't need me anymore?" "What if I make a mistake?" Balance comes with trusting that he or she will be OK and that imperfection is only human!

Astrology Data Sheet

<u>Sign #</u>	<u>Rating → 1 (Not at all like me) to 7 (Exactly like me)</u>						
1	1	2	3	4	5	6	7
2	1	2	3	4	5	6	7
3	1	2	3	4	5	6	7
4	1	2	3	4	5	6	7
5	1	2	3	4	5	6	7
6	1	2	3	4	5	6	7
7	1	2	3	4	5	6	7
8	1	2	3	4	5	6	7
9	1	2	3	4	5	6	7
10	1	2	3	4	5	6	7
11	1	2	3	4	5	6	7
12	1	2	3	4	5	6	7

Questions:

1. How much do you know about astrology? (1 = Nothing to 7 = Quite a lot)
2. How much confidence do you have in astrological predictions? (1 = None to 7 = Complete)
3. Of the descriptions, how many of them did you rate at 5 or higher (in other words, more like you than not like you)?
4. Pick ONE description above that describes you best. That is, which sign above is your sign?
5. What is your actual astrological sign? Check a horoscope in your newspaper to be sure.
6. Compare your chosen sign from #3 and then compare it to the chart on the overhead. How close were you in predicting your own astrological sign?
7. What might your answer to #6 tell you about astrology, horoscopes, and the mind's ability to "fill in the gaps"?